

TEEN SUMMER BUCKET LIST

1. Head to a local theme park and ride the rollercoaster that scares you the most.
2. Visit a local park and hike their most challenging trail.
3. Create your own version of “Chopped” and challenge a friend to a creative cook off.
 4. Dedicate yourself to at least 90 minutes of physical activity each day.
 5. Create a list of classic movies and see how many you can get through.
 6. Try a new sport you haven’t played before. Ask friends to join you.
7. Try a new fruit or vegetable each week during the summer. Explore new flavors you haven’t tried yet.
8. Try planting your own mini garden. Plant simple vegetables and herbs you can cook with.
 9. Go to the library and check out some cookbooks. Try out some new recipes.
 10. Head to a local thrift store. Look for an item you can sell on eBay for profit.
 11. Do some extra chores to earn cash for something you want or need.
 12. Turn an old piece of clothing into something new and fresh.
 13. Find a list of the top young adult books for the summer. Try to read at least two.
14. Star gaze at night and look for the various constellations. Or, you can even create your own.
15. Head out in the evening and listen for owls. Bonus points if you can snap a picture of one.
16. Create funny comic skits and record them to share with family and friends.
 17. Head to free concerts or outdoor events being offered in your town.
 18. Make your own fun summer beverage concoctions using fruit and juice.
 19. Download free game apps. These can help keep you busy on rainy days.
 20. Make a Pinterest board of crafts for tweens. Try a few each week.
 21. Have fun with slime. Look up sparkly slime recipes and give them a try.
 22. Volunteer at a local pet shelter. Help walk, feed, and care for the pets.
 23. Try making your own kite. Take it for a spin and see how it does.
 24. You can also try making your own boat. Take it to a nearby pond and see how it floats.
 25. Help babysit a younger friend or family member for some extra spending money.
 26. Take the time to get to know a friend. Spend time with them talking about what interests them.
 27. Try camping out either at a local campground or in your own backyard.
 28. Play a fun game of flashlight tag after the sun goes down.
 29. Practice your favorite sport and host a tournament at a local park.
 30. Learn a new card game you haven’t played before.
 31. Host a sleepover with friends complete with video games, movies, and snacks.
 32. Keep a journal of your summer and all of your adventures.
 33. Keep a sketch book of any cool animals or nature items you encounter during the summer.
 34. Try a new look. Whether it be a new hair color or hair cut.
 35. Donate clothing you no longer need to charity or sell it to a consignment shop for extra summer cash.
 36. Write a thank you letter to your favorite teacher.
 37. Watch a cartoon you loved as a child.
 38. Offer to walk a neighbor’s dog for some extra spending cash.
 39. Don’t forget to watch local fireworks displays with friends.
 40. Enjoy a beach day with friends complete with sand, the sun, and great food.

IN THE
Summer
TIME