

# DISNEY'S Pixar Inside Out

## INTERACTIVE GAME PARENTS' GUIDE

What are some other words to describe fear?

What happens when you get anger?

What are some things that make you angry?

Show me what happy looks like?

Show me what sadness looks like?

Show me what anger looks like?

Show me what scared looks like?

Do you know anyone that is sad?

Act out what disgusted looks like.

What are some things that made Riley change how she felt about moving?

What feelings did Riley use when she found out that she was moving? Have you ever felt that way?

How are the core memories (the glowing balls) made? What are some of your core memories?

What's the difference between a short-term and a long-term memory?

Can our past determine our happiness?

Do you think girls are happier than boys?

Do you think material things make you happy? Should it?

Does having money make you happy? How much money would it take to make you happy?

When someone talks about you, how does that make you feel?

At the end of the movie, the emotion Sadness does something really brave. What was it, and how did that help save Riley?

Why do we feel sad sometimes?

Why do we feel angry sometimes?

Have you ever been scared? Why?

Demonstrate what you think angry means?

Show me your saddest expression

How does your core memories affect your personality?

What can we do when we are angry?

What can we do when we are sad?

How can we help others that we see are scared?

How can we help others that we see are angry?

How can we help others that we see are fearful?

Should you be happy all the time?

What are some things that make you happy?

When was the last time you had a really happy moment?