Travel First-Aid Checklist

- Ultra Strength BENGAY® Cream, 2 oz
- Band-aid adhesive bandage Finding Dory 20ct
- Visine dry eye drops 0.5oz
- Neosporin antibiotic ointment + pain itch scar 0.5 oz
- Band-aid adhesive bandage skin flex™ extra large 7ct
- Band-aid brand first aid cloth tape, 1 inch
- Band-aid brand first aid all in one gauze pad med 5ct
- Benadryl Ultra tabs 24ct
- First Aid™ Instruments Kit - 3 Count Medication
- birth control (optional)
- feminine hygiene products
- anti-nausea medication
- Motrin liqui-gels 20ct
- anti-diarrheal medication
- antiseptic Wipes
- cotton balls or swabs
- aloe vera gel
- flashlight
- anti-bacterial soap
- instant cold pack
- thermometer
- triangular bandage
- Tweezers
- scissors
- oral pain gel
- cough Drops
- Hydrogen Peroxide
- insect repellant
- heat pack
- additional bandages