SUPER MANNEY SCHEDULE



SUPER JUMMEN SCHEDULE

Make						
Something	Take a Trip	Wildcard	Thoughtful	Foodie	Selfless	Sportaneous
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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MAKE IT MONDAY -

- O Suncatchers
- O Paint rocks
- O Tie-dye t-shirts
- O Paper pinwheels
- O Blow paint with straws
- O Paper plate octopuses
- O Squirt gun painting
- O Toilet roll binoculars
- O Sand art bottles
- O Modge podge flower pot
- O Handprint art
- O Washi tape art
- O Mason jar fairy lights
- O Egg carton turtles
- O Friendship bracelets
- O Paper fans
- O Bottlecap bugs
- O Mason jar aquarium
- O DIY kaleidoscope
- O Dream catchers
- O Pinecone pineapple
- O Bubble art
- O Tissue paper flowers
- O Sidewalk chalk paint
- O Tin can wind chimes
- O Pasta necklaces
- O Sock puppets

- TAKE A TRIP TUESDAY -

- O A local historical site
- O A Birthplace of a famous person
- O History museum
- O Regional aquarium
- O Planetarium
- O Local library
- O Local nature reserve
- O Art museum
- O Active archaeological site
- O Factories that offer educational tours
- O The theatre
- O The farmer's market or local farm
- O The local police department
- O The local fire station
- O Bowling
- O Lake or beach
- O State park
- O Local garden
- O Nearby small town
- O Antique store
- O Take a virtual field trip of a museum, farm, zoo or aquarium

WILDCARD WEDNESDAY ~

- O Try slacklining
- O Go treasure hunting
- O Try unicycling
- O Make a time capsule
- O Go to circus camp
- O Learn how to juggle
- O Have a cup stacking match
- O Take archery lessons
- O Get up early for a sunrise breakfast
- O Play hacky sack
- O Make a movie
- O Go bird watching
- O Build a rocket (from a kit)
- O Try geocaching
- O Paint a mural
- O Go boogie boarding
- O Volunteer together
- O Do a Segway tour
- O Take a fencing lesson
- O Learn bushcrafts
- O Go indoor rock climbing
- O Try yoga
- O Attend an archaeology dig camp

-THOUGHTFUL THURSDAY-

- O Bake muffins or cookies for your neighbors
- O Visit grandparents or great-grandparent
- O Donate items to charity
- O Make greeting cards for hospital patients
- O Make a care package for someone
- O Take cookies to the police or fire station
- O Do a chore for a neighbor
- O Pick up litter
- O Wash someone's car
- O Plant something
- O Weed or shovel for an elderly neighbor/friend
- O Make someone else's bed
- O Sing songs at a nursing home
- O Conduct family interviews
- O Have a family photoshoot
- O Cook a meal together
- O Take a family nature walk

FOODIE FRIDAY -

- O Banana sushi
- O Frozen yogurt fruit bites
- O Protein balls
- O Fruit Pop-Tarts
- O No-bake cookie dough balls
- O Rainbow toast
- O Pizza roll-Ups
- O Pancake animals
- O Corn dog muffins
- O Funfetti cookies
- O Ham and cheese rollups
- O Cheeseburger cups
- O Rainbow popsicles
- O PB&J Tacos
- O Banana boats
- O Egg in a hole
- O No-bake apple donuts
- O Rice Krispie popsicle treats
- O No-bake granola bars
- O Salad in a jar
- O Mummy dogs
- O No-bake cookie dough bites
- O Apple nachos

- SELFLESS SATURDAY -

- O Feed the birds
- O Help at the animal shelter
- O Plant a tree
- O Do a community cleanup
- O Donate clothes to a homeless shelter
- O Call a lonely friend or family member
- O Carry strangers' grocery bags
- O Do a favor for someone
- O Volunteer at a soup kitchen
- O Create care packages for the homeless
- O Pick a few toys to donate
- O Write thank you letters
- O Do a 5k for a good cause
- O Mow the lawn for an elderly neighbor
- O Buy school supplies for a disadvantaged child
- O Leave reusable shopping bags in shopping carts



SPONTANEOUS SUNDAY -

- O Have a YES Day
- O Play indoor hide and seek
- O Make a piñata
- O Make rock candy
- O Have a tea party
- O Put on a puppet show
- O Create a new dessert
- O Make a treasure bottle
- O Decorate T-shirts
- O Have a field day
- O Play improv games
- O Go on a road trip
- O Have a themed culture night
- O Play shuffleboard
- O Go to the planetarium or observatory
- O Play mini-golf
- O Go on a hike
- O Have a family music night
- O Try Go Karting
- O Play balloon hockey
- O Bake without a recipe
- O Play balloon hockey
- O Throw a party for no reason

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