



CHECKLIST  
&  
COUNTDOWN

# TRICK-OR-TREAT CHECKLIST

## COSTUME ESSENTIALS

- ☐ Costume
- ☐ Accessories (e.g., hats, masks, capes)
- ☐ Comfortable shoes
- ☐ Costume adjustments (safety pins, tape, etc.)
- ☐ Reflective tape or glow sticks for visibility

## COMMUNICATION

- ☐ Fully charged phone (for older kids)
- ☐ Walkie-talkies (if going in a group)
- ☐ Meeting point plan (where to regroup if separated)

## RULES *AND* GUIDELINES

- ☐ Go with a group or an adult
- ☐ Only visit well-lit houses
- ☐ Check all candy before eating
- ☐ Respect other people's property
- ☐ Stay on sidewalks and cross streets safely

## NOTES

## TRICK-OR-TREAT BAG

- ☐ Sturdy bag or bucket for candy
- ☐ Extra bag (in case the first one gets full)
- ☐ Labels or tags with the child's name and contact info

## SNACKS *AND* HYDRATION

- ☐ Water bottle
- ☐ Small snacks (to keep energy up)
- ☐ Allergy-safe treats (if applicable)

## SAFETY ITEMS

- ☐ Flashlight or glow sticks
- ☐ Emergency contact card
- ☐ Small first aid kit (band-aids, antiseptic wipes)
- ☐ Whistle or other safety devices

## WEATHER PREPAREDNESS

- ☐ Jacket or coat (if it's cold)
- ☐ Umbrella or raincoat (if it's raining)
- ☐ Sunscreen (if trick-or-treating during the day)

## EXTRAS

- ☐ Camera for photos
- ☐ Special items (e.g., themed decorations or props for the bag)
- ☐ Hand sanitizer

Make  
Halloween  
Crafts

1

Watch a  
scary  
movie

3



Read a  
spooky  
story

2

Do a  
Halloween  
science  
experiment

4

Carve or  
paint  
pumpkins

5

Visit a  
pumpkin patch  
or corn  
maze

6

Decorate  
your home

7

Make a  
Halloween  
playlist

8

Have a  
Halloween  
game night

9

Tell spooky  
stories

10

Drink apple  
cider

11

Go on a Fall  
nature walk

12

Make  
s'mores

13

Bake  
Halloween  
treats

14

Make  
spooky  
Halloween  
drinks

15

Have a  
Halloween  
trivia night

16

Make  
Halloween  
cards

17

Make  
Halloween  
shadow  
puppets

18

Play glow  
stick  
hide-and-  
seek

19

Make DIY  
trick-or-tr  
eat bags

20

Play  
Halloween  
bingo

21

Have a  
monster  
dance  
party

22

Make a  
Halloween  
time  
capsule

23

Play glow  
stick  
hide-and-  
seek

24

Do  
Halloween  
karaoke

25

Make a  
spider web  
obstacle  
course

26

Make a  
Halloween  
wreath

27

Make a  
scarecrow

28

Paint  
Halloween  
rocks

29

Make  
Halloween  
masks

30

TRICK-OR-TREAT!

31



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TRICK-OR-TREAT!

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